Anshe Emet Men's Club and the Federation of Jewish Men's Clubs – Midwest Region Presents:

## "MEN LIVING LONGER AND HEALTHIER— WHAT IS THE RECIPE?"

Sunday, October 6, 2013 at 8:30 am



DR. EVAN LIPKIS

**Evan Lipkis** is a successful internist who has practiced medicine for more than 30 years. Besides his medical practice, he is a columnist for the *Chicago Sun-Times* and *Atlantic On-line*, Medical Director for Abington LTC and Hypno-Health, and former Medical Director, WGN Radio. Dr. Lipkis has also written several medical books including his latest, "Live Longer and Healthier Now."

Dr. Lipkis will discuss "Prevent Heart Disease with Simple Lifestyle Changes and High Tech Biomarkers."



DR. SCOTT B. PHILLIPS

**Scott Phillips** is a Harvard trained dermatologist currently practicing at St. Mary's and Elizabeth Hospitals. He has worked in industry developing new medications, and has held academic appointments at both Harvard and University of Chicago. A marathoner and Ironman triathlete, Dr. Phillips has been invited to speak at dermatology meetings and sports training facilities about the skin problems of the endurance athlete.

Dr. Phillips will discuss "Common Sense Skin Care for Men."

Shacharit at 8:30 am, Breakfast at 9:30 am, Speakers at 10:15 am

Reservation Form - Sunday, October 6, 2013 - Breakfast Program @ Anshe Emet

For reservations, kindly complete the form below and return to Anshe Emet Men's Club, 3751 N. Broadway, Chicago, IL 60613. Reservations must be received by Tuesday, October 1.

Name	Telephone	
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Address	City	Zip

If you have any questions about this program, please call Jonathan Norton @ 773.209.8979 or email him at: mensclub@ansheemet.org by Tuesday, October 1.



