



FJMC's Midwest Region Presents Its 2016 Regional Retreat **A Weekend of Fun & Ruach**

Join Us For a Memorable Weekend of Physical & Spiritual-Health & Wellness

- Hike through scenic Starved Rock State Park
- Swim in the lodge's indoor pool
- Lively discussions, traditional and alternative services
- Inspiring, motivational speakers
- Program ideas to recharge you and your club
- Meet Club leaders from numerous Midwest Region clubs and the FJMC
- Plenty of Fun & Ruach for everyone!

**May 13-15, 2016
Starved Rock Lodge
& Conference Center,
Oglesby, IL**

This Unique, Not-To-Be Missed Event **starts at 3:30 pm on Friday, May 13, 2016** and **ends following Lunch on Sunday, May 15.**

All Events & Accommodations are at the **Starved Rock Lodge & Conference Center.**

New This Year... Arrive a day early and enjoy all that Starved Rock has to offer.

To learn more, contact our Retreat Co-Chairs:
**Creighton Cohn, cohncj@yahoo.com, or
Perry Pitzele, pesachp@sbcglobal.net**



Stimulating Leadership, Innovation & Community